



**CLASSES
BEGIN 9/5**

SCHOOL YEAR SCHEDULE

September 2017- June 2018

Ongoing School Year Registration For All Classes

An online Registration Form needs completed before registering for classes!

Complete form at: www.metrogymnastics.com

CALL TO ENROLL-503-620-8939

PRICES ON PAGE 2



TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:15		TODDLER KANGAROO SPINNER		THUMPER KANGAROO SPINNER	THUMPER KANGAROO SPINNER	THUMPER KANGAROO SPINNER 2/3/4 GIRL
10:15		KANGAROO SPINNER TINY TWISTER G	THUMP/KANG SPINNER	TODDLER THUMPER KANGAROO SPINNER	THUMPER KANGAROO SPINNER	TODDLER KANGAROO SPINNER 1/2/3 GIRL
11:15			THUMP/KANG SPINNER	KANGAROO SPINNER		THUMPER KANGAROO SPINNER 1/2/3 GIRL
12:15						
3:10	SPINNER TINY TWISTER BOY	KANGAROO SPINNER	SPINNER TINY TWISTER BOY	KANG/SPIN	KANG/SPIN	\$30 YEARLY MEMBERSHIP FEE DUE AT ENROLLMENT
	1/2/3 GIRL TWISTER GIRL	1/2/3 GIRL BOYS REC	1/2/3 GIRL TWISTER GIRL	1/2/3 GIRL	1/2/3 GIRL	
4:15	KANGAROO SPINNER	KANGAROO SPINNER	KANG/SPIN SPIN/FLIPPER GIRL	KANGAROO SPINNER	SPINNER	OPEN REGISTRATION DURING SCHOOL YEAR
	1/2 GIRL 2/3/4 GIRL TWISTER GIRL BOYS REC TWISTER BOY	1/2 GIRL 1/2/3 GIRL 3/4 GIRL BOYS REC	1/2 GIRL 2/3 GIRL TWISTER GIRL BOYS REC TWISTER BOY	1/2 GIRL 2/3/4 GIRL BOYS REC	1/2/3 GIRL KIDS CROSSFIT (coed) 9yrs +	
5:20	KANGAROO SPINNER	KANG/SPIN	KANGAROO SPINNER	SPINNER		
	1/2/3 GIRL XCEL GIRL BOYS REC	1/2 GIRL 2/3 GIRL XCEL GIRL BOYS REC	1/2/3 GIRL 2/3/4 GIRL XCEL GIRL BOYS REC	1/2 GIRL 2/3/4 GIRL XCEL GIRL BOYS REC	2/3/4 GIRL BOYS REC 5:30 MS GIRL	
			SPINNER	SPINNER		
6:25	1/2/3 GIRL MS GIRL MS BOY(1.5)	1/2/3 GIRL MS GIRLS T & T ALL LEVELS (coed) 6 yrs +	2/3/4 GIRL MS GIRL MS BOY(1.5)	1/2 GIRL MS GIRL BOYS REC		LEOTARDS MAY BE PURCHAED AT METRO'S PROSHOP

Class Information & Tuition Policies for 2017-18

- Children will be AUTOMATICALLY RE-ENROLLED month to month.
- Payment is due the 1st of each month. Credit cards are required to be on file and will be automatically charged after the 7th of each month, if not paid by another preferred method or different credit card
- We accept credit cards, checks and cash.
- 10% discounts are given on multiple classes or children.
- (NO CASH, CHECK or CREDIT CARD refunds will be given)



MEMBERSHIP FEE

Metro Gymnastics Center charges a Yearly Family Membership fee of \$30.00.

This fee is due in September (or upon initial registration), and runs through August of the following year.

All NEW Metro parents MUST complete our ONLINE registration form!

WITHDRAWAL/CANCELLATION POLICY

*CLASSES ARE ONGOING AND PAID MONTHLY

* I understand that if I plan to WITHDRAW FROM CLASS, I must submit a written WITHDRAWAL NOTICE no later than my LAST class of the current month.

* If I cancel class ON OR AFTER the 1st day of the new month, I understand a \$25.00 CANCELLATION FEE will be charged to my credit card on file.

* If I choose to DROP class AFTER the new month is in progress, I will be charged for the full month of classes. (NO CASH, CHECK or CREDIT CARD refunds will be given)

*1 make up per month is offered, regardless of the number of classes missed. MAKE UPS MUST BE PRESCHEDULED

ALL Trial classes are the regular price of one class

GIRLS RECREATIONAL GYMNASTICS AGES 6 YEARS & OLDER DIRECTOR: LYNN MCCAFFREY lmccaffrey@metrogymnastics.com

Metro's Girls Recreational program provides training of the basic gymnastics skills-flexibility, balance, strength, coordination & agility. In the non-competitive atmosphere of the "REC" classes, kids develop attributes that are stepping stones for advancing through more complex gymnastics movements. These basic skills are important to learn for all other sports and activities!

(SEE LEVELS BELOW FOR LENGTH OF CLASSES)

BOYS RECREATIONAL GYMNASTICS AGES 6 YEARS & OLDER DIRECTOR: LUKE CARTMILL lukec@metrogymnastics.com

The Boys' Recreational program is structured to teach strength, flexibility, balance, and common gymnastics movements. Our classes build self-awareness as well as self-confidence. Our goal is to help boys find within themselves, through the process of mastering their bodies, positive characteristics that they can develop throughout their lives...and to have fun doing it!

(SEE LEVELS BELOW FOR LENGTH OF CLASSES)

<u>REC CLASS LEVEL</u>	<u>AGE</u>	<u>MONTHLY PRICE</u>
Rec GIRL Level 1-5 (1 hour)	6 years & older	\$78.00
Twister Girl (1 hour)	5 years & older (Teacher Placement)	\$78.00
Middle School Girls (1 hour)	9 years - 15 years—all levels	\$78.00
Tumble & Trampoline-(1 hour) COED	6 years & older-all levels-focus on Tumbling	\$78.00
Kids Crossfit (1 hour) COED	9 years and up-circuits: strength, conditioning, gymnastics	\$78.00
XCEL GIRLS (2 hours) 1day/wk	Rec Level 4 & higher (Teacher Placement)	\$112.00
Tiny Twister and Twister BOY	4-5 Tiny Twister, 6 & older Twister (Teacher Placement)	\$78.00
Rec BOY Level 1-3 (1 hour)	6 years to 9 years—all levels	\$78.00
Middle School BOY (1.5 hours)	10 years to 16 years—all levels	\$88.00

MINI-MOVER--PRESCHOOL AGE GYMNASTICS – AGES 12 months-Kindergarten

DIRECTOR: CINDY KLEIN cindyk@metrogymnastics.com

Mini-Mover classes are based on your child's age—not his/her gymnastics experience. Each class explores age appropriate activities, as well as activities involving basic movements such as balance, strength & coordination. All of these classes will also focus on important social skills like sharing, taking turns, staying on task & group cooperation!

<u>CLASSES 45 minutes</u>	<u>AGE</u>	<u>RATIO</u>	<u>MONTHLY PRICE</u>
TODDLER (adult participation required)	Walking – 2 ½ years	11:1	\$64.00
THUMPER	2 ½ - 3 years	5:1	\$72.00
KANGAROO	3 - 4 years	6:1	\$72.00
SPINNER	4 – 5 years	7:1	\$72.00
TINY TWISTER (Teacher Placement)	3 – 5 years	8:1	\$72.00
FLIPPER (1 hour – Teacher Placement)	4 – 6 years	8:1	\$78.00



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