

# 2019 SUMMER FLEX SCHEDULE



**June 24 - August 24**  
**NO CLASSES THURS 7/4**  
 Choose 5, 7 or 9 week sessions-see back for details  
**ONGOING SUMMER ENROLLMENT**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
9:15	<b>MINI-MOVER</b> <b>Class Names &amp; Ages</b>  Toddler-12mo-2 1/2 Thumper 2 1/2-3 Kangaroo 3-4 Spinner 4-5 Tiny Twister 3-5	THUMPER KANGAROO SPINNER TINY TWISTER	TODDLER THUMPER KANGAROO SPINNER	THUMPER KANGAROO SPINNER	THUMP/KANG KANGAROO SPINNER
		<b>GIRL REC 1/2/3</b> <b>BOYS REC 1</b>	<b>GIRL 1/2/3</b> <b>BOYS REC 2</b>	<b>GIRLS REC 1/2/3</b>	<b>GIRLS REC 2/3/4</b>
10:15		THUMPER KANGAROO SPINNER	TODDLER THUM/KANG SPINNER	TODDLER KANGAROO SPINNER	TODDLER KANGAROO SPINNER
		<b>GIRLS REC 1/2</b> <b>TWISTER GIRL</b> <b>BOYS REC 2</b>	<b>GIRLS REC 2/3/4</b> <b>TWISTER GIRL</b> <b>BOYS REC 1</b>	<b>GIRL REC 1/2</b> <b>BOYS REC 1/2</b>	<b>GIRLS REC 1/2/3</b>
11:15		THUMPER KANG/SPIN	THUMP/KANG SPINNER	KANGAROO SPINNER	THUMPER KANGAROO SPINNER
		<b>GIRLS REC 1/2/3</b> <b>BOYS REC 1/2</b> <b>CrossFit &amp; TnT</b>	<b>GIRLS REC 1/2/3</b> <b>XCEL TEAM 2hrs</b>	<b>GIRLS REC 1/2/3</b>	<b>GIRLS REC 1/2/3</b>
4:15	SPINNER	KANG/SPIN	KANGAROO SPINNER		
	<b>GIRLS REC 1/2</b> <b>GIRLS REC 3/4</b> <b>BOYS REC 1/2</b>	<b>GIRLS REC 1/2</b> <b>GIRLS REC 3/4</b> <b>BOYS REC 1</b>	<b>GIRLS REC 1/2/3</b> <b>BOYS REC 1/2</b>	<b>GIRLS REC 1/2 5-7yr</b> <b>GIRLS REC 2/3/4</b> <b>CrossFit 6-9 yrs</b>	<b>SUMMER CAMPS ARE OFFERED WEEKLY THE FULL SUMMER</b>
5:25	KANG/SPIN	SPINNER	THUMP/KANG SPINNER		<b>Current School Year Students Register 4/1</b>
	<b>GIRLS REC 1/2/3</b> <b>XCEL TEAM 2hr</b> <b>BOYS MS 1.5hr</b>	<b>GIRLS REC 2/3</b> <b>XCEL TEAM 2hr</b> <b>BOYS REC 2</b>	<b>GIRLS REC 1/2</b> <b>BOYS MS 1.5hr</b>	<b>GIRLS REC 1/2/3</b> <b>XCEL TEAM 2hr</b> <b>CrossFit 9-12 yrs</b>	<b>OPEN REGISTRATION STARTS 4/8</b>
6:30		KANG/SPIN	KANG/SPIN		
	<b>GIRLS REC 1/2/3</b> <b>GIRLS MS 2/3/4</b>	<b>GIRLS REC 1/2</b>	<b>GIRLS REC 2/3/4</b> <b>GIRL MS 1/2/3</b>	<b>GIRLS REC 1/2/3</b>	Updated 3-20-19

## FLEX SCHEDULE TUITION PRICES

CLASS	CLASS LENGTH	PRICE 9 WEEKS	PRICE 7 WEEKS	PRICE 5 WEEKS
TODDLER (12- 30 months) (w/parent)	45 minutes	\$153.00	\$140.00	\$117.50
MINI-MOVER (2 1/2—5 yrs **)	45 minutes	\$171.00	\$154.00	\$127.50
TINY TWISTER GIRL (invite only)	45 minutes	\$171.00	\$154.00	\$127.50
REC GIRLS (6 years & up)	60 minutes	\$184.50	\$161.00	\$132.50
MS GIRLS (10yrs-14yrs)	60 minutes	\$184.50	\$161.00	\$132.50
TWISTER GIRL (invite only)	60 minutes	\$184.50	\$161.00	\$132.50
REC BOYS (6 years & up)	60 minutes	\$184.50	\$161.00	\$132.50
CROSSFIT (6 years-12 years)coed	60 minutes	\$184.50	\$161.00	\$132.50
XCEL GIRL (invite only)	120 minutes	\$225.00	\$189.00	\$142.00
MS BOY (ages 10-15 )	90 minutes	\$207.00	\$182.00	\$137.50
(Crossfit/TnT (tumbling/tramp)coed	60 minutes	\$184.50	\$161.00	\$132.50

# METRO GYMNASTICS CENTER

## SUMMER "FLEX SCHEDULE"

Summer Session Dates: June 24th - August 24 (no classes THURS 7/4)

- Metro will offer session choices for 5 weeks, 7 weeks or 9 week options.
- You choose your desired session option, & pay for only that amount of classes.
- Attend any 5, 7 or 9 of the same class day and time during your session choice.
- We do not need to know the dates you will attend; we keep a roll sheet on each class.
- **ONGOING REGISTRATION** throughout the summer.
- A 10% discount will be given to ALL multiple children or classes!

### 9 Week Session Information

- **MAKEUPS ONLY** for the 9week session (to be completed by end of the summer session)
- We will be **CLOSED THURS 7/4**. If enrolled in the 9 week session, tuition will be pro-rated for students enrolled in the THURS classes only
- **NO CREDITS OR PRO-RATES** for any missed classes of any session choices

### 5 or 7 Week Session Information

- You choose the length of your desired session, *5 or 7 weeks*, and pay for and attend only that amount of classes during the 9 week session
- **NO MAKEUPS** for the 5 or 7 week session
- *NO CLASSES Thursday 7/4*
- **NO CREDITS OR PRO-RATES** for any missed classes

### **Metro Gymnastics Center charges**

**A summer family membership fee of \$15.00 for all new families!**

*A yearly family membership fee of \$30.00 renews Fall of 2019 for all families.*

### **WITHDRAWAL/CANCELLATION POLICY**

\* If you cancel class ON OR AFTER the 1<sup>st</sup> day of the summer session (6/24), a \$25.00 CANCELLATION FEE will be charged to your credit card on file.

\* If you choose to DROP class AFTER the summer classes are in progress, you will be charged for the full session of classes that have been paid for and the \$25.00 cancellation fee. (NO CREDITS) (NO CASH, CHECK or CREDIT CARD refunds will be given)

**SUMMER CAMPS** will be offered weekly beginning 6/24.

*No camp 4<sup>th</sup> of July week.*

Check out our summer camp information at [www.metrogymnastics.com](http://www.metrogymnastics.com)

Click SEASONAL CAMPS

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**METRO DANCE CLASSES /CAMPS** offered throughout the summer

View the DANCE schedule at [www.metrodanceacademy.com](http://www.metrodanceacademy.com)

**CALL TO ENROLL FOR ALL CLASSES AND CAMPS!**  
**OPEN Enrollment ongoing thru summer!**

Metro Gymnastics Center  
18084 SW Lower Boones Ferry Rd  
Tigard, OR. 97224  
503-620-8939 Fax: 503-968-9285  
[www.metrogymnastics.com](http://www.metrogymnastics.com)



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